

# The Fun's All Free

at the  
Alan Shearer  
Centre  
Activity Centre



## **Saturday 23 September Autumn arts & crafts**

Make a collage with colourful leaves, flowers and twigs from our garden

## **Saturday 30 September Karaoke in the Café**

Have you got the X Factor? Take the mic in at our singalong in Browne's Café

## **Saturday 7 October Make an autumn collage**

Collect some autumn colours from our Woodland Walk to create a collage

## **Saturday 14 October Halloween Lanterns**

Get ready for Trick or Treating by making your own Halloween lantern

## **Saturday 21 October Movie in the Music Room**

Bring your popcorn and start your half term break with a movie favourite

## **Monday 23 October Make a Scarecrow**

We'll help you recycle some of your tatty old clothes into a smart scarecrow

## **Wednesday 25 October Poppy Day**

Make your own personal poppy in time for Remembrance Day

## **Fright-day 27 October Halloween Arts & Crafts**

Make a spooky decoration to put on your front door to keep the ghouls away

All activities take place between 12 noon and 2pm unless otherwise stated.

Please note that activities may be subject to change.

## **Plus all our regular *FREE* facilities**

- Giant Ball Pool
- Hydrotherapy Pool
- Music Room
- Sensory Rooms

**Booking is essential. For more information, please call our Centre Manager,**

**Amanda Head, on 0191 267 8118**

Alan Shearer Centre • West Denton Close • Newcastle upon Tyne • NE15 7LU

[www.alanshearercentre.org.uk](http://www.alanshearercentre.org.uk)

# Do you know about our other two services based at the Centre?



Flexible, tailored respite care or longer holidays for both adults and children with profound and multiple disabilities.



Full time care in an enabling, homely environment for adults with complex disabilities and challenging behaviours.

Guests and residents have full, unlimited access to the Activity Centre's facilities.

If you would like more information our Manager, Jackie Dunn, will be delighted to speak to you. You can call Jackie on:

**0191 267 8128**

or email her at: [jackie.dunn@alanshearercentre.org.uk](mailto:jackie.dunn@alanshearercentre.org.uk)



We are able to invest in new developments and provide enhanced facilities for disabled people through the fundraising support provided by the Alan Shearer Foundation.

The Alan Shearer Centre and the Alan Shearer Foundation are part of St Cuthbert's Care.

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